

TREATMENT

REHABILITATION COUNSELLING IS FOCUSED ON HELPING INJURED OR ILL PEOPLE ACHIEVE THEIR PERSONAL, CAREER AND INDEPENDENT LIVING GOALS THROUGH A COUNSELLING PROCESS.

ROCKET REHAB'S TREATMENT PATHWAYS INCLUDE:

- Pre-Assessment questionnaire
- Initial Assessment
- Triaged recommendations based on severity of symptoms and purpose of referral
 - **Tier 1: Provision of psycho education and a report recommending capacity**
 - **Tier 2 : Referral for Online Cognitive Behavioural Therapy + 3 further follow up sessions.**
 - Initial,
 - Mid Way and
 - End sessions to determine progress and comment on capacity
 - **Tier 3: Weekly Rehabilitation Counselling following an AHRR approval**



INCLUDES:

- Assessment
- Counselling sessions
- Online CBT
- Psycho Education

LINK TO CAPACITY:

- Rehab Counsellor develops a treatment goal, linked to upgrading an injured workers Certificate of Capacity.
- As improvements are made during treatment, medical case conferencing can be arranged to facilitate upgrades to capacity.
- Initial, Mid Way and End recommendations regarding Return to Work capacity are sent to the Nominated Treating Doctor and Employer, assisting the return to work process.